

# Prepare & Enrich Premarital Counseling

## Building a Foundation for a Happy Marriage



*Marriage is an intricate journey of a lifetime!* Our **Prepare and Enrich Premarital Counseling** program offers couples the opportunity to explore the dynamics of marriage and develop skills to strengthen and bring out the best in their relationships. This program provides pastors an excellent referral source for couples in their congregations who are planning to get married.

Participants begin by completing the Prepare/Enrich online personal inventory. Prepare/Enrich is the leading relationship inventory and skill-building assessment tool used nationally and internationally. Built on solid research, the program has been helping couples identify their strong suits and potential growth areas for more than 30 years.

After receiving their profile reports, couples engage in lively group discussions led by a professional counselor. Topics covered include:

- Communication skills
- Personality traits
- Conflict resolution
- Financial management
- Spiritual beliefs
- Sexuality
- Relationship issues
- Family backgrounds
- Personal, couple and family goals

This enlightening program not only helps couples gain insight and practical skills, but also facilitates their journeys toward mature, committed love.

### Did You Know...

Most sources on marriage and divorce rates report that approximately 45% of first marriages in the United States end in divorce?



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