

Did You Know that
20% of Women
(1 in 5)
Are Experiencing a
Mental Health Crisis—
Right Now, Today
in Your Community?



How Does Samaritan Counseling, Guidance, Consulting Help Women in Crisis?

Chances are good that you know at least one woman who is struggling every day of her life. You may want to help her, but you don't know how—or you've done as much as you can, but there's still so much more that she needs. That's where *we* come in. **Samaritan Counseling, Guidance, Consulting** helps ~600 women each year who are suffering from the effects of:

- Trauma, anxiety, and depression
- Eating disorders
- Social inequities
- Overwhelming stress
- Unhealthy or abusive relationships

... and much more. Frequently, women are bearing a combination of these burdens.

Through compassionate, spiritually integrated counseling at Samaritan, women experience healing, regain their strength, and transform their lives.



But what about women who are also hurting financially?

Samaritan counsels women who are uninsured or under-insured by using funds from our **Samaritan Cares** program. We offer them a reduced, affordable rate while the program subsidizes the remainder of their fees. In extreme cases, we will provide counseling free of charge.

Where do these funds come from? Please continue reading on the back to find out.



SAMARITAN

Counseling Guidance Consulting

Do You Have a Heart for Helping Women Thrive?

Our **Women Helping Women in Need** program is funded by grants and donations given by caring women who want to help. Each year, Samaritan must raise \$40,000 to aid women in need.

We reach out to women in the community through our March-May fundraising campaign. At the end of the campaign, **we invite our donors to celebrate women at a complimentary luncheon!**

Our 2024 luncheon will take place on:

Friday, May 10th

in the Loggia

at the Edgeworth Club

Noon-2pm

511 East Drive, Sewickley, PA.

How You Can Help

- 1** You can give your own personal gift at: www.samaritancounseling.net/women-helping-women-in-need.
- 2** You can make a bigger impact by reaching out to a women's club, church, or other group. Ask your group to participate in our **Women Helping Women in Need** campaign by holding its own fundraiser or collecting individual donations.
- 3** Go digital. Set up a fundraiser online.
- 4** Secure a business sponsorship. Is there a woman-owned business that you frequent, like a salon, yoga studio, or boutique? These are good places to seek sponsorships. We'll supply you with sponsorship materials.

If you have a heart for helping other women, please join us in making a difference!



Your small effort makes a big difference.

Thank You for Caring!

888-200-9746

samaritancounseling.net

We are a 501(c)3 nonprofit, EIN: 25-1425598.



SAMARITAN

Counseling Guidance Consulting

