

Did you know . . .

that on average, couples experiencing trouble in their relationships wait about six years before seeking professional help? By the time they sit down with a counselor, they've built up a lot of resentment. Then, there are couples who call a counselor right away . . . but in either case, the last thing any couple wants to do is wait weeks to get an appointment.

Samaritan believes in providing a prompt, more intensive start to couples counseling. We understand that when you're struggling in your relationship *you want help as soon as possible* at a time that best suits your schedule. That's when Couples Intensive Counseling can help.



SAMARITAN
Counseling
Guidance • Consulting

Headquarters:
202 Beaver St., 3rd Fl.
Sewickley, PA 15143

Samaritan's licensed therapists will work with you in-person at one of our six Western PA offices, or via teletherapy.

samaritancounseling.net
888.200.9746.

Nationally
Accredited by:



SAMARITAN
Counseling
Guidance • Consulting

Couples Intensive **Counseling**



Offering Healing, Hope, and Change

What Is Couples Intensive Counseling?

Couples often get “stuck” in an unhealthy pattern of communication and behaviors that prevents them from enjoying one another.

Do You and Your Partner Feel Stuck?

If so, your relationship may seem like a battlefield—or at least a breeding ground for insecurity, distrust, withdrawal, and other negative feelings.

Couples Intensive Counseling will reveal and address the issues causing your “stuck pattern” and will help you to find solutions to restore your relationship. Four hours in duration, your intensive counseling session can be scheduled on short notice on any day of the week, including the weekend.

How It Works

- You will spend the first 90 minutes together as a couple with your therapist. This time will be used to thoroughly evaluate the history of your problems, each person’s perspective, and all other contributing factors.
- Next, your therapist will spend 45 minutes with each of you separately to further explore your unique perspectives and individual roles in your “stuck pattern.”
- Finally, you will both spend the last hour back together with your therapist who will provide you with detailed feedback, structure, and guidance.

By the closing of your Couples Intensive counseling session, you will have a clear sense of your options moving forward, as well as a prevention plan that

addresses your unique situation. These options could include arranging for another intensive session or starting traditional outpatient therapy. Or, your one-time intensive session may be all that you need to get “unstuck.”

How Do I Get Started?

Call Samaritan at 888.200.9746 and let us know that you are interested in Couples Intensive Counseling. We’ll ask for some basic information from you and pass your inquiry along to our licensed marriage and family therapist. Our therapist will follow up by contacting you and providing a free 15-minute phone consultation. Should you wish to proceed, your session will be scheduled as soon as possible.

Need More Information?

Give Samaritan a call to learn more about Couples Intensive Counseling. Whether you’re experiencing some challenges or are approaching a crisis point in your relationship, healing, hope, and change are within your reach.

“Counseling saved my marriage. It enabled me to find joy in life again . . . What I received at Samaritan is beyond what I had found with other counselors.”

– Rebecca

Learn about all of our counseling services and programs by visiting our website at samaritancounseling.net.

