

Main Office

202 Beaver Street, 3rd Fl.
Sewickley, PA 15143

Satellites

337 Third Street
Beaver, PA 15009

128 N. Washington Street
Butler, PA 16001

267 E. Beau Street
Washington, PA 15301

5475 William Flynn Hwy. Ste. 304
Gibsonia, PA 15044

2040 Washington Rd.
Pittsburgh, PA 15241

6500 Brooktree Rd., Ste. 301
Wexford, PA 15090

Our Purpose

For those suffering with emotional, relational, or spiritual pain, we offer healing, hope, and life-transforming growth.

Contact Us

(888) 200-9746
samaritancounseling.net
fax (412) 741-5171



SAMARITAN
Counseling
Guidance Consulting

Offering Healing and Hope



Nationally accredited by



2025
report to the community



Samaritan's Purpose

For those struggling with emotional, relational, or spiritual pain, we help them heal, find hope, and allow them to change.

1,312
Pennsylvania
Residents
Received
Therapy



Samaritan serves people at seven locations in Sewickley, Gibsonia, Upper St. Clair, Beaver, Butler, Wexford, and Washington as well as via teletherapy. About half of our clients choose virtual sessions. By offering both options, we better meet our clients' needs and preferences.

What Is Fueling the Mental Health Crisis in America?

Mental health disorders originate from genetic and environmental factors and are often a combination of both. Today, social, political, and global instability are contributing to emotional dysregulation and rising anxiety, which affects 19% of U.S. adults and 32% of youth ages 12–18. Major depression and substance use disorders follow closely.

Common reasons people seek therapy include trauma, burnout, life transitions, financial insecurity, marital and relationship challenges, and digital overload. Yet more than half of Americans who need mental health care do not receive it, largely due to high costs, limited access, and a severe shortage of providers.

Samaritan's Response

Samaritan reduces barriers to care in Western Pennsylvania by providing affordable therapy to anyone seeking help, regardless of ability to pay. Unlike many practices, we do not turn callers away or add them to waiting lists that can stretch for months; most clients can expect their first appointment within one to two weeks. Exceptional care from the first touchpoint remains at the core of our mission.

Our therapists span four generations and bring diverse racial, ethnic, faith, and clinical backgrounds, helping them connect meaningfully with clients and support their needs through a holistic approach to treatment.



Our People

flourish in a culture that nurtures, collaborates, and encourages.

Executive Team

The Rev. Dr. Graham Standish, PhD, MSW, MDiv, MA, Executive Director
Dr. Samantha Baillie, PhD, LPC Clinical Director, Therapist
Beth Healey, Director of Development and Marketing
Luci Ramsey, MBA Director of Operations and Finance

Board of Directors

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Katie Minnock
Donna Miskolcze
Beth Tarasi, Esq.
Amy Walker

Therapists Carol Dundes, Susan Young, and Carla Sandy relax at our staff holiday party.



Clinical and Program Team

Therapists

Jonathan Alvarado, MA, LPC
Lynda Bradley, MA, EDM, LPC, CCTP
Kesha Brake, MS, LPC
Patrick DiVietri, NCC, LPC
Kris Drucis, MS, LMFT
Carol Dundes, LPC, MA
Jennifer Edmonds, MA, LPC, NCC, CATP, CTTS, CTMH, CGP
Cindy Everett, MSW, LCSW
Robert Fisher, MSW, LCSW
Apple James, MA, LPC
Jennifer Kruczek, MA, LAPC
Sean Monger, MA, LPC, CSFT
Cathy Natalia, MS, LAPC
Alicia Norman, MA, NCC, LPC
Carla Sandy, MPA, LCSW
Gina Veschio, MEd, LPC
Susan Young, LPC, CEAP
Kaela Zingaro, MS, LPC

Spiritual Directors

Amy Armanious, DNP, MSOL, RN
The Rev. Don Coleman
The Rev. Graham Standish, PhD, MSW, MDiv, MA

Consulting Psychiatrist (Non-staff)

Dr. Wynne Lundblad, MD



Dr. Samantha (Sam) Baillie, Clinical Director



Luci Ramsey, Director of Operations and Finance



Middle: Beth Healey, Director of Development and Marketing, is flanked by Wayne Murphy, left, and Mark Gensheimer, right, members of the Sewickley Valley Community Fund's board of directors who present a check for grant funds to support therapy for clients in need.

Transforming Lives Today and in the Future

A Message from Our Executive Director

Dear Good Samaritans:

Do you know someone who always seems cheerful, only to later learn they are struggling with anxiety or depression? This is a good example of what we mean by “hidden wounds.” Emotional wounds don’t require bandages or braces, but they can be just as painful as physical injuries and need just as much healing. When you support our work, you help lift up someone others have left behind, like the Good Samaritan in the biblical parable. On behalf of the wounded who come to us, thank you for helping to make their healing possible.

As I reflect back on 2025, I am excited to share the year’s highlights with you.

Samaritan again earned national accreditation from the Solihten Institute, meeting its rigorous standards of excellence. Based in Denver, Solihten accredits spiritually integrated counseling centers nationwide by evaluating organizational, administrative, clinical, and financial practices. This achievement affirms our commitment to exceptional, affordable care as a leading counseling center in Western Pennsylvania.

Meeting the growing mental, emotional, and spiritual health needs of Western Pennsylvanians also requires attracting and retaining outstanding clinicians. To that end, we welcomed two new therapists, expanding our capacity to serve clients in Upper St. Clair, Sewickley, Butler, and Gibsonia. We also welcomed two more resident therapists for a total of three, which aligns with our plan to nurture our own long-term therapists from internship to residency to full-time licensed therapists.

Our most significant step toward ensuring Samaritan’s long-term ability to provide exceptional care was the establishment of our Clinical Director Endowment. Thanks to the generosity of several caring donors who provided the initial funding, this endowment will help sustain our mission for years to come. To these generous benefactors, we extend our heartfelt thanks.

In the spirit of gratitude, I also want to thank every individual, foundation, church, and business that supported Samaritan financially, as well as those who opened their homes to host donor receptions and championed Samaritan in so many meaningful ways.

Your generosity and advocacy make our mission possible. You bless and empower us, enabling those who are struggling financially to receive the care they need. You also help us to meet our operating expenses and expand our services to reach even more people. Thank you again for being a conduit for healing, hope, and life transformation.

Be blessed!

The Rev. Dr. Graham Standish, PhD, MSW, MDiv, MA
Executive Director



The Rev. Dr. Graham Standish, PhD, MSW, MDiv, MA, Samaritan’s Executive Director and Director of our Caring for Clergy and Congregations program.

Anxiety

over social ills, trauma, and digital overload impacts adults and children alike.

Most adults who pursued counseling at Samaritan came looking for relief from anxiety, chronic stress, burnout, and depression. Many sought to heal from the lasting effects of trauma, including sexual and other forms of abuse, grief, marginalization, and other life-altering experiences. Like many Americans, they also struggled with the emotional toll of financial hardship, social and global unrest, persistent news of violence, and a divisive political climate. These stressors intensified feelings of

fear, hopelessness, and disconnection. Another concern affecting both adults and children was excessive screen time, often referred to as digital overload. Constant exposure to digital devices, social media, and a 24-hour news cycle contributed to heightened anxiety, disrupted sleep, reduced attention, and increased social isolation.

Mental health challenges among youth remain equally significant. Approximately one in five U.S. children ages 3–17 experiences a mental, emotional, developmental, or behavioral disorder. Academic pressure, family dysfunction or maltreatment, social isolation, and systemic inequities are among the leading contributors to emotional distress.

Anxiety disorders and attention-deficit/hyperactivity disorder (ADHD) are the most common diagnoses—conditions that were also frequently seen among Samaritan’s younger clients.

“For children with ADHD, learning impulse control skills is one of the most effective ways to help them cope,” said Samaritan therapist Kesha Brake, who works with children, teens, and adults.

“Playing board games can be helpful with practicing impulse control and social skills, emotional regulation, and communication skills. Discussing and practicing calming techniques before emotional or behavioral escalation helps them improve the use of coping skills.”

With anxiety disorders now the most common mental health condition affecting both adults and children, an important question emerges: How does therapy help people heal, cope, and build healthier, more fulfilling lives?

Brake explained: “I help clients understand that anxiety is not a ‘bad’ emotion; rather, it is trying to communicate something, whether rational or irrational. Together, we identify unhelpful coping strategies that keep them from working through their anxiety. It is rewarding to see clients use healthy skills to reframe negative thoughts and manage their anxiety, rather than letting the anxiety manage them.”



Kesha Brake, MS, LPC
Licensed Professional
Counselor



Far left: Dr. Samantha Baillie,
Samaritan’s clinical director, leads a
training on suicide prevention
for our therapists.



Counseling

is a journey of learning and growth. Over time, healing takes root, and darkness gives way to light.

“... I have stood strong because of this wonderful organization.”

—Catherine, former client

Catherine and Lynda offer powerful perspectives—one as a client and the other as a trauma therapist at Samaritan. Their stories begin with raw, difficult moments marked by pain and uncertainty. But their stories also reveal a shift from the impact of trauma to healing and resiliency—a journey that countless people experience under our care.

Catherine's Story

“When I first came to Samaritan for assistance in dealing with the torture my son had endured that ended up leading to his death, I could barely stumble through a few sentences before choking on tears. Facing a child's death is daunting enough, but learning about pain and suffering of a loved one is worse. Then, there were court cases and legal systems to negotiate while trying to maintain one's sanity.

“Enter Samaritan Counseling. I first worked with a therapist who laid the groundwork and helped me keep my head above water, encouraging me to fight on. When she decided to make a career move, she handed me over to Bob Fisher, another Samaritan therapist whom she had great faith in. Bob had specialized training in EMDR—*Eye Movement Desensitization and Reprocessing*. (EMDR is an evidence-based treatment designed to help people recover from trauma, Post-Traumatic Stress Disorder, anxiety, and depression.)

“Bob has stood beside me and behind me as I have grown into a Dragon Slayer. Now I am able to speak about my sweet Nicholas and his story without being shredded into bits of confetti.

“I have gone to more court sessions, faced ugly truths, and stood strong because of this wonderful organization. Thank you, and job well done.”

Trauma Therapist Experiences Trauma - Lynda's Story

In October, my world shifted in an instant. I was driving home from our local Walmart with my 16-year-old granddaughter in the passenger seat when everything went blank. I don't remember the majority of that day. The next thing I knew, I was waking up in the ER at WVU Medicine's Ruby



Lynda Bradley, MA, EDM,
LPC, CCTP
Licensed Professor Counselor

Memorial Hospital, surrounded by medical professionals tending to me. After a barrage of tests—a CT scan, an MRI, and what felt like my entire body being used as a test subject—we finally got the answer. I had experienced a seizure, which was caused by a benign mass on my brain.

When I first opened my eyes in that hospital room, my initial thought wasn't panic. Instead, I wondered, “Well, have I finally died? Is this what the transition is like? If it is, I wish I could tell others to stop being scared.”

Once the initial testing wrapped up, a team of specialists gathered around my bed, including the neurosurgeon who would ultimately remove the mass three months later. He smiled, gently explained the findings, and let me know that because I had lost consciousness, he was required to report the accident to the PennDOT, meaning my license would be temporarily suspended. My response was simple: “Okay, I have plenty of drivers around me.”

But while my own diagnosis was a lot to process, my immediate, overwhelming concern was for my granddaughter. Unlike me, she had been fully conscious and aware of everything that happened during the crash, and she had sustained a major concussion.

The Power of “No Coincidences”

In the days that followed, the pieces of that afternoon began to come together, revealing just how incredibly protected we were. In what can only be described as a miracle, a friend of a friend happened to be driving behind my vehicle when the seizure occurred. They managed to stop four lanes of traffic—which included massive gas and oil trucks—to keep us safe.

As a trauma specialist, I have spent years guiding others through their darkest, most terrifying moments. Suddenly, I found myself on the other side of the couch. I had to practice exactly what I preach. I started using the very same techniques with myself that I would use with a client, and I can tell you firsthand: **they work.**

This experience didn't break my spirit; instead, it solidified my belief that I am not alone in this life, and that something greater than myself is in charge. When I tell my clients that there is no such thing as a coincidence, I no longer just believe it—I can verify it through my own lived experience.

Lessons from the Passenger Seat

Going through this has given me an even deeper framework for the work I do every day. Because of this journey, I can sit across from my clients and tell them with absolute certainty:

- **The gift of caring is profound:** Healing happens through the words and actions of others, just like the medical team who held my hand and the stranger who stopped traffic.
- **Our purpose keeps us here:** I truly believe I am still here because there is more work for me to do.
- **Resilience is hereditary:** Watching my granddaughter navigate the aftermath of that day has shown me that she is going to be an absolutely amazing, strong woman.
- **Surrender is necessary:** This was yet another profound lesson in the art of letting go of control.

To our incredible community of supporters: your generosity ensures that when trauma strikes, there is a safe place to land and a proven path forward. Thank you for believing in the power of healing, purpose, and the vital work that we do every day.

— Lynda Bradley

Guidance & Consulting Services

help clergy and lay people to leverage their strengths, overcome challenges, and meet personal and vocational goals.

224

Coaching & Spiritual Direction Sessions

16

Clergy Group Meetings

13

Churches Received Teaching & Consulting



The Rev. Dr. Graham Standish teaches a clergy workshop, providing practical tools for pastors to lead and fortify their ministries.

Gallup and Pew Research report that U.S. churches are facing decreasing membership and attendance. Twenty years ago, an average of 42% of adults attended religious services every week or nearly every week, while today the average is 30%. Samaritan’s **Caring for Clergy and Congregations** (CCC) program provides hope and solutions, empowering pastors and churches to thrive in an era of decline.

“In consulting with churches, I use a program called ‘Open Up, Explore Out, and Discern In.’ It helps congregations think differently and recognize new possibilities,” said the Rev. Dr. Graham Standish, our executive director and leader of the CCC program. He draws on over two decades of experience leading and significantly growing churches. His teaching on leadership, spirituality, and conflict resolution transcends religious denominations.

The Rev. Dr. Standish identified three primary challenges that prompted pastors to seek one-on-one support in 2025:

- Employing healthy ways to leave their current church as they transition, often, to a larger church.
- Struggling with church conflict and not knowing how to turn it around.
- Discerning whether they are still called to ministry or to pursue a different vocation.

Master Coach Rachel Fagan explains the benefits of Positive Intelligence® Mental Fitness, an acclaimed “brain retraining” program, which she is certified to administer.

Although these issues are serious, they typically do not require psychotherapy. CCC services—including clergy coaching, spiritual direction, workshops, support groups, and consultation—are tailored to the needs of faith communities. Pastors receive guidance to become more spiritually grounded and open. Working with the Rev. Dr. Standish, they develop strong leadership practices and gain skills and insights beyond traditional church approaches that may contribute to their struggles.

“One of the most unique situations I addressed involved helping a pastor whose church was overwhelmed by conflict,” the Rev. Dr. Standish shared. “I interviewed church members about their struggles with the pastor, then helped the pastor hear their criticism and lead in ways that felt more authentic, caring, and responsive to their concerns.”

In addition to CCC services, Samaritan offers life, career, and mental health coaching for nonclergy, along with spiritual direction and wellness programs at an affordable cost.

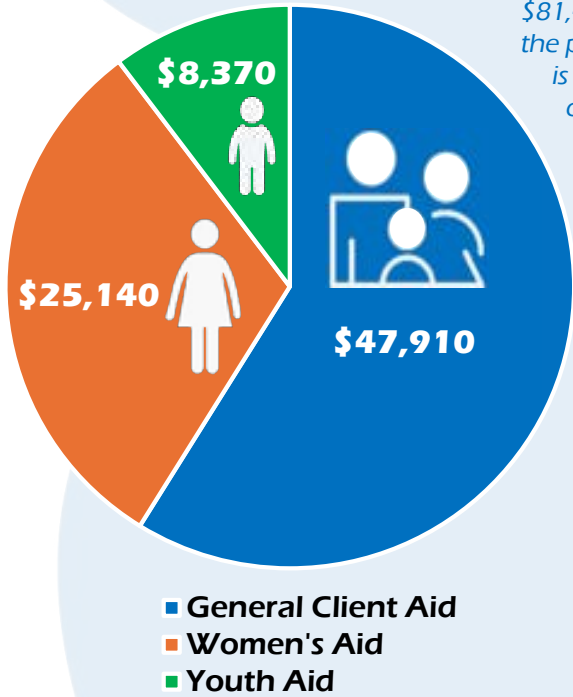


Samaritan Cares Fund

makes counseling affordable for those experiencing financial hardship.

“Counseling gave me peace of mind and freedom from negativity. Without Samaritan Cares funds, I would not have been able to come for counseling and work for inner healthiness.”

– Verna, former client



Finding the courage to ask for help is the vital first step towards healing. In 2025, 140 Western Pennsylvanians facing personal crises and financial hardship took that step by reaching out to Samaritan. We provided them with uncompromised care at a cost they could afford.

The Samaritan Cares program, a hallmark of our mission, includes three funds: general client aid, women's aid, and youth aid. These funds make counseling affordable for uninsured and underinsured clients by subsidizing their fees. Based on a sliding

fee scale that considers income and household size, clients typically pay only \$40–\$50 per session. Uninsured people could expect to pay up to \$150 per session at a counseling center that does not offer financial assistance.

Many clients qualifying for Samaritan Cares funds identify with multiple marginalized groups. “Quite a few of my clients living near or below the poverty line are trying to function in a world that leaves little space for them,” said Carol Dundes, one of our therapists. “That is often due to racial

inequities, gender or sexuality differences, age, disability, or illness.”

Because each counseling session builds on the last, consistent attendance is essential. By making care affordable, we help clients avoid having to choose between basic needs, such as groceries, and the cost of counseling. This support helps protect the progress they make through regular appointments.

Funds to support Samaritan Cares are raised via grants and donations from individuals, churches, and businesses.

A breakdown of Samaritan Cares expenses totaling \$81,420 is shown in the pie graph. This is a 3.4% increase over 2024.



Spiritually Integrated Psychotherapy (SIP)

enhances healing and treatment outcomes, regardless of faith affiliation.

Therapy that involves how we think and feel and how we address things is critical. But I am more than my thoughts and feelings. Discussing the importance of my soul and its care is sacred for me.

—Anonymous former client



At Samaritan, we constantly emphasize that we offer **Spiritually Integrated Psychotherapy (SIP)**. It's at the core of almost everything we do, and what makes us stand out among other counseling centers. We walk a path between religious counseling that sometimes embraces a stringent, restrictive biblical and theological perspective, and secular counseling that often doesn't know what spirituality really is.

“Our path isn’t an easy one because some would insist we adopt only their religious perspective, while others would want us to get rid of religious influences entirely.”

—The Rev. Dr. Graham Standish
Executive Director

Our therapists represent a variety of religious perspectives—Protestant, Catholic, Non-Denominational, Evangelical, Pentecostal, and other faiths; as well as a variety of ideological perspectives—conservative, moderate, and progressive. This variety enables us to help people engage their own traditions in ways that open them to God’s healing in and through therapy, without imposing a particular religious perspective. So, while we are open spiritually, we remain client-centered. We never use therapy as a conversion tool, nor force people to integrate spirituality into their therapy.

Our path isn’t an easy one because some would insist we adopt only their religious perspective, while others would want us to get rid of religious influences entirely. For us, excellence means being grounded in well-researched and proven therapeutic techniques, while also being spiritually open to something beyond ourselves that can heal minds, hearts, and

relationships. It’s why we also offer life coaching and spiritual direction, in addition to therapy.

Here is an example: I was called by a Roman Catholic woman who had been seeing a secular therapist due to concerns that her life wasn’t fulfilling. She told me that she liked her therapist, but the therapist seemed particularly anti-Catholic; and that the therapist’s

“spiritual” approach was limited to teaching mindfulness and meditation (both good practices, but not necessarily responsive to the client’s issues). I told her that our therapists are more likely to explore psychologically how she can find meaning and purpose in her life, while also tapping into a sense of God’s calling and her Catholic faith to see how it could further guide her.

We recognize that religion and spirituality aren’t necessarily the same thing, but that everyone’s religious tradition has practices, insights, and opportunities that can help them grow personally, which leads to healing.

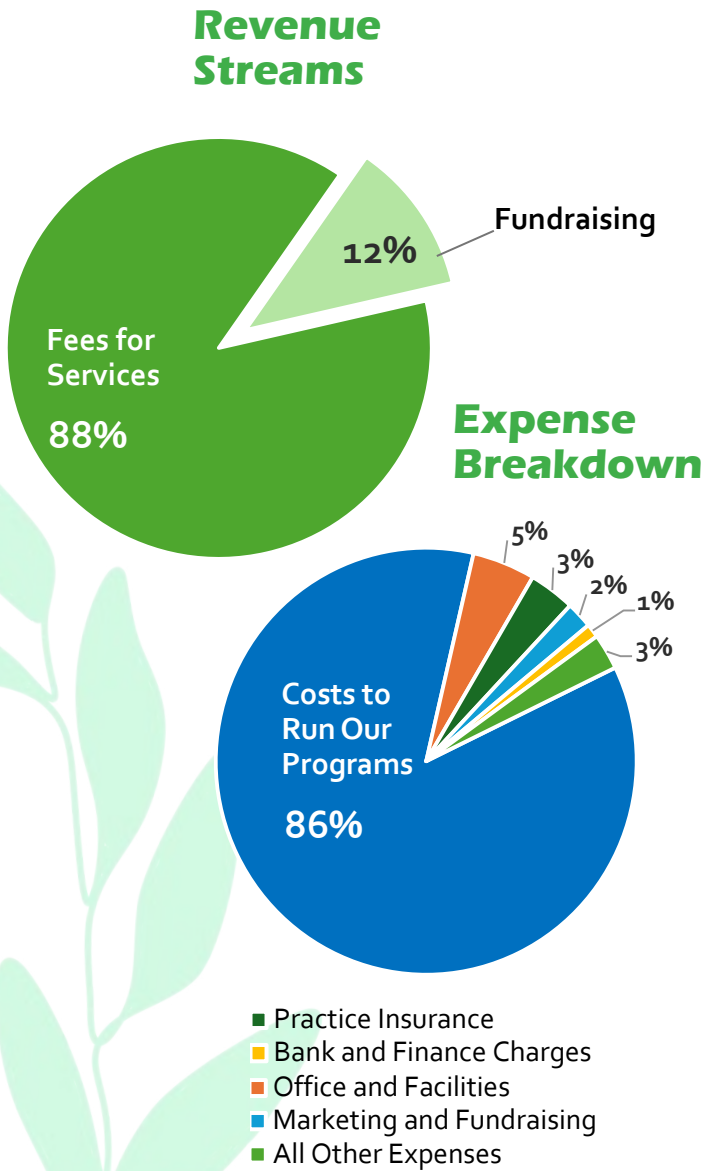
Healing is the key. Research shows that people who are more open spiritually live healthier lives. And integrating spirituality into therapy leads to greater satisfaction with counseling. We see ourselves as a healing place where hidden wounds are cared for and healed so that people can live happier, healthier lives.

Financial Performance/Service Growth

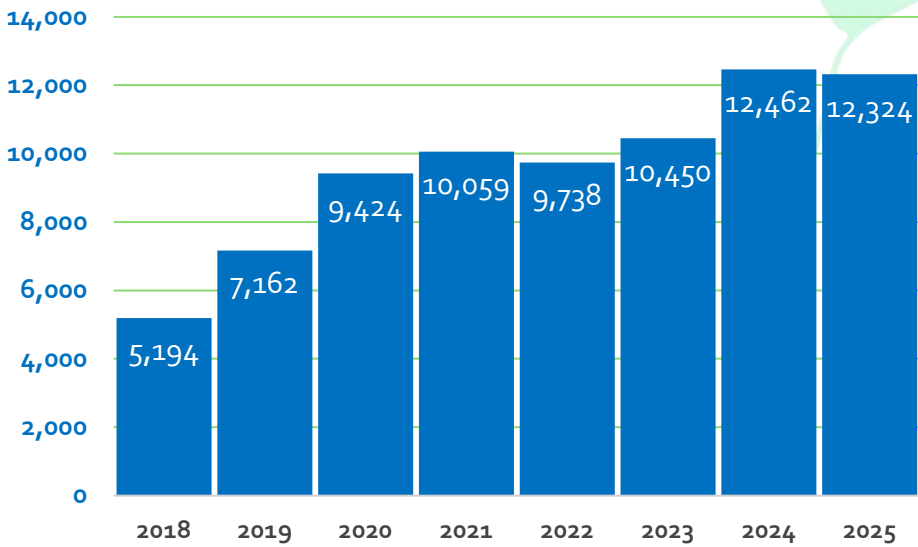
Statement of Activities

Year Ending December 31, 2025

Revenues and Support	
Counseling Fees	\$ 1,358,900
Clergy and Congregational Care	33,350
Contributions and Grants	185,151
Misc. Income	238
Total	1,577,640
Expenses	
Salaries	\$ 1,120,250
Payroll-Related Expenses	124,747
Practice Consultants	7,165
Program Costs	92,540
Office	45,853
Facilities	29,926
Insurance	55,373
Direct Fundraising Costs (Event)	11,853
Marketing	19,684
Professional Fees	33,445
Bank and Finance Charges	16,369
Uncollectible Accounts	4,878
Lease Amortization	3041
Other	1314
Total	1,566,438
Positive Change	11,202



Counseling Session Growth



Exceptional Efficiency: The majority of Samaritan’s revenue goes directly into operating our therapy services and other programs.

Financial Stability: Relying on insurance reimbursements and co-pays provides a more predictable cash flow.

Forty-four percent of our raised funds supported our Samaritan Cares program, allowing uninsured and underinsured clients to receive therapy at an affordable cost.

Our Good Samaritans

provided healing, hope, and life-changing growth.

With profound gratitude, Samaritan recognizes the visionary donors who generously contributed to our Clinical Director Endowment:

Anonymous Donor
Hansen Foundation
John Oliver III and Sylvia Dallas
Christian Stampfel
Marguerite Standish
W.P. Snyder III Charitable Fund

When fully funded, the endowment will sustain our exceptional standard of care well into the future. If you wish to help with this endeavor, please contact The Rev. Dr. Graham Standish at 888-200-9746, ext. 1000.



\$10,000 and Up

Sewickley Presbyterian Church
Graham and Diane Standish
The Pittsburgh Foundation



\$2,000-\$5,000

The Anne L. and George H. Clapp Charitable and Educational Trust
Joan Darby
Fidelity Charitable
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Jonathan and Janet Lee Gilliland
Howard and Nell E. Miller Foundation
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Marty Sandberg
R.P. Simmons Family Foundation
Sewickley Valley Community Fund
Beth Tarasi, Tarasi Law
Thomas Marshall Foundation
Women of Southwestern Pennsylvania



\$1,000-\$1,999

Calvin Presbyterian Church
Community Presbyterian Church of Ben Avon
Dollar Bank
Rich Gigliotti
Michael Glenn
Bobby Gordon
Dr. Richard Hogan
S.P. Kinney Engineers
Laura Mitchell MacDougall
Shelly McQuone
Eliza Nevin
Anna Singer
Kathy Smith
Waldron Private Wealth
Joel and Susan Young



\$500-\$999

Bobbi Bonnett
Steve Ellis
Bobby Fisher

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Dr. Mary Pontzer
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Concord Presbyterian Church
Melissa Cook
Matthew Cooper
Hanley Cox
George Craig

We apologize if we inadvertently omitted your name or misrepresented your giving level. Please call us at (888) 200-9746, extension 1001, to report an error. Thank you.

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Belinda Thompson
William Vasiladiotis
Laura Vassamillet
Susie Wardrop
White Oak Springs Church
Rev. Beth Wierman
Mary Witul
David and Robin Wuchina



Guests mingle during the cocktail hour at our Samaritan Spirit Gala at the LeMont Restaurant.