



Fabulous Cooks' Guide

We Care about Our Cooks

Thank you, *Fabulous Cook*, for teaming up with Samaritan to bring healing and hope to hurting people. **It's important to us that you have fun and feel rewarded throughout this experience.** Please contact Beth Healey, Director of Development and Marketing at 412-741-7430 whenever you have a question, concern or need help.

Cooks may participate as an individual or as a pair (spouses, buddies, etc.), but it's good to bring a helper even if you plan to fly solo. That way, you can take turns leaving your station to sample the other foods or take a break.

We'll spice things up with some friendly competition!
Prize categories may include:

- *Most Appealing Appetizer*
- *Most Mouthwatering Main Dish*
- *Most Delectable Dessert*
- *Most Fabulously Dressed Cook*
- *Most Fabulous Presentation*
- *Most Fabulous Overall Cook*
- *Most Fabulous Husband and Wife Team*

How Samaritan Will Support You

As a Cook, you will be provided the following:

- An individual online profile w/link to receive tips
- Fundraising support (images, verbiage, email blasts)
- Chef's apron
- Tip jar for cash on event night
- Serving station (covered table, electrical power source, and ice, if needed)
- Opportunity to embellish your cooking station any way you like; for example, you can showcase your business, including displaying signs or other items
- Plastic and paper products for guests who sample your food
- One bar beverage voucher, any drink of your choice for yourself and your helper
- All the food you wish to sample at the event



Your Role as a Cook

Solicit people to tip you prior to the event. You will raise the bulk of your tips before event night. Raising tip money is essentially the same as a walker soliciting sponsorships for a walk-a-thon.



- We suggest collecting tip money online by emailing your contacts or connecting through social media.
- Your tippers will have the option to choose the amount they wish to give. Tips are tax-deductible because they are contributions to charity.
- Typically, cooks aim for a fundraising goal of \$1,000.

Prepare and serve any dish of your liking from one of these categories: *appetizers, main dishes or desserts.*

- Your dish can be as simple or as "fancy" as you wish!
- ***Please prepare 100 sample-size servings.*** (For ex., 100 appetizers or cookies, or 50 cups of chili.)

You can cook your dish ahead of time and transport it at a safe temperature. Or, you can choose to do some or all of your cooking onsite. Some cooks opt to bring a fully cooked dish that they keep warm, and prepare a topping or sauce as needed. Please do whatever is the most comfortable for *you*.

Please bring cooking equipment and other items that you will need. Many cooks bring crock pots. If you don't have or cannot borrow the necessary equipment, please let us know ahead of time. We can provide chafing dishes and cooking burners for you to use that evening.

- ***Please bring serving utensils,*** such as spatulas, knives, ladles, tongs, etc.
- ***Please bring your own ingredients and seasonings.***
The Club cannot provide these items for you.

Plan to arrive at the Club by 5:30 p.m., or earlier to set up your station. Staff will be there to assist you.

Don't hesitate to contact Beth Healey at bhealey@samaritancounseling.net or 412-741-7430 x1001. Beth is available to answer your questions and provide you with support from now through event day.

